



CURRICULUM VITAE

Name: Monem Makki AbdulRidha Hammood Alshowk

Date and place of birth: 1953 , Hilla Babylon Iraq

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Bab Almouadham Baghdad Iraqi Board for Medical Specialities

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E-mail: dr_monem_alshok@yahoo.com

Status: married(4 kids)

Nationality: Iraq

Education : 1960 primary school ; 1970 secondary school ; 1977

College of medicine University of Baghdad .

Qualification : 1977-1978 MBChB,(Baghdad)

1984 Part I MRCP (Code Number 84.03.0024)

1986 DM in medicine (University of Baghdad)

1990 CABM (Certified Arab Board in internal

Medicine)

2008 FRCP

Appointment and Post held :

1978 _1979 internship rotation in medicine , surgery , gyn. & obstetric , ccu & emergency medicine ; in medical city teaching hospital ,Baghdad Iraq .

1979 _ 1980 : Rural health service & working in primary health care center in Diala government

1981 _1982 : SHO in general medicine & emergency medicine medical city teaching hospital Baghdad

1982 _1986: higher education postgraduate teaching & training course in general medicine & including branches related to medicine including period of training in rheumatology, neurology , dermatology , cardiology & haematology in medical city Teaching hospital Baghdad .with fulfillment in the requirement for the degree of CABM

1987 _ 1988 Internal Medicine Specialist in Naseryia Military Hospital Department of medicine

1990 _ 1991 Consultant Physician in Koya Hospital , Erbil
 Governorate
 From 1992 Consultant Physician Department of Medicine Merjan
 Teaching Hospital in Babylon Governorate
 College of Medicine University of Babylon 1993
 Consultant Physician & Professor of clinical Medicine 2002

Technical skills & post graduate training

- 1- Training course on therapeutic endoscopy in GIT center in Baghdad
- 2- Training courses & experience in gastroenterology & hepatology
- 3- Training course on Immunology & Haematologic Oncology in Baghdad center for RT & CT in 1990 (3 months)
- 4- Experience in various conventional clinical procedures
- 5- Training in palliative medicine & pain relieve in the Ministry of Health & in Mosul Health Department 1999
- 6- Training in medical education , courses held in ministry of health and ministry of higher education in Iraq 2000.
- 7- Workshop training on Therapeutic Endoscopy in Jordon in 2001
- 8- Course in teaching therapeutics in medical colleges under the supervision of WHO during the year 1997
- 9- Clinical Attachment course in Addenbrook's Hospital in Cambridge UK on Therapeutic GIT endoscopy & EUS during the period Oct to Dec.2008 in addition to two course about Change Management & Medical Education
- 10-Two days workshop established by WHO on Accreditation of Medical Colleges & self assessment in medical education in July 2009
- 11 - 3 days workshop on research & SPSS held at the department of Community medicine , college of Medicine , Babylon University from 7 – 8 March 2011 .Different Medical Workshops & conferences inside & outside Iraq

Academic Distinctions:

- 1- Current rank, Professor of clinical medicine since 2002, College of medicine , University of Babylon
- 2- President of the Iraqi Scientific Council of Internal Medicine & their joint scientific branches
- 3- Publications : many scientific papers & popular articles in the field of medicine in the journal of Babylon University ; journal of community medicine and journal of faculty of medicine

Baghdad&Babylon JM and several international peer reviewed Journals in addition I published 4 books for medical students

(1) Principles of medical ethics for students of medicine 2014

(2) Foundation of Medicine text for first year medical student2019

(3) Learn How to Teach written in Arabic Language 2017

Research Papers :

- a. **H. pylori infection & gastric malignancy in Babylon , in Medical Journal of Babylon – 2004 , Volume 1 (2) , page 95-100.**
- b. **Typhoid Fever complications in Babil , Med. J. of Babylon ,2004 Volume 1 (2) , page 149- 154 .**
- c. **Chronic Diarrhea & malabsorption syndrome in Babylon , J. Fac. Med., Baghdad , 2001, Vol. 43 , No. (3) , Page 381-383 .**
- d. **Malignancy of Digestive system , in Journal of Babylon University , Volume 5 , No. (5) , April 2000 , Page 371 – 387 .**
- e. **Plasma protein changes in patients with P U disease , accepted for publication in J. of Babylon University , Vol. 5 (6) , 2005 .**
- f. **Neutrophil count & function in patients with DM , paper accepted and presented in the 3rd. Diabetes Congress , 27-28 Feb. 2002 , Baghdad . page 53 .**
- g. **A study on PU & accompanied certain biochemical changes. Accepted for publication in the 3rd. International Conference on biological sciences in Tanta University , 28-29 April 2004 .**
- h. **A study on relationship between CMV infection & PU disease accepted for presentation & publication in second scientific conference of Kerbala University in April 2007**
- i. **Smoking as an Environmental Xenobiotic , presented in the International Conference on Health & Environment in Iraq held in Sep 19 – 22 , 2005 , Amman , Jordon & Published in Kerbella Medical Journal 2008**
- j. **Ochronotic Spondylitis & Alkaptonuria : Case Report published in MJB volume 4 No. 2 , 2007**
- k. **New risk factors in IHD unpublshed presented as paper in the scientific conference of the Kerbalaa University in April 2008**
- l. **Metabolic acidosis in PU disease paper accepted for puplication in Medical Journal of Kerbalaa 2008 .**

- m. Assessment in medical education paper accepted as poster in educational conference of Bahrain University 2007**
- n. Epidemiology of Hepatitis B virus infection paper accepted for presentation in the prevention conference in Babylon 2008 .**
- o. A Study on Urinary Candidiasis in Babylon Governorate accepted for publication in Journal of Babylon University Volume 17 No. 4 2009**
- p. Prevalence & Risk factors for DM after renal transplantation accepted for publication in Kufa Medical Journal 20\11\2008 No. 147**
- q. MRSA in Merjan Teaching hospital , accepted for publication and presentation in the First Annual medical Conference of Babel Health Directorate 27th – 28th Oct 2008**
- r. Clinical & endoscopic manifestations of GERD in Iraq , paper accepted as poster presentation in Pan Arab GIT conference in Riyadh KSA held in Feb 8 – 10 , 2011**
- s. Progeria . Case Report published in MJB volume 7 No.1 - 2 , 2010**
- t. Multiple Myeloma paper accepted for publication and presentation in the Second Scientific Conference of college of medicine , Babylon University 3 – 4 Nov 2010**
- u. HCC in Babylon . a clinical study , accepted for publication and presentation in the First Scientific Conference of college of medicine , Babylon University 16 – 17 Dec 2009**
- v. Abuse & side effects of corticosteroid in clinical practice in Babylon , accepted for publication and presentation in the Second Scientific Conference of college of medicine , Babylon University 3 – 4 Nov 2010**
- w. Cellular Immune Function In Immunosenescences , in Journal of Babylon University , Vol. 4 , No. (3) , July 1999 , Page 500- 507 .**
- x. TB pleural effusion , a studies of 32 patients in Babil, in Journal of Community Medicine , July 1997 , Vol. 10 (2) ; Page (28-31) .**
- y. Bronchogenic Carcinoma in Babil , J. of Babylon University , Vol. 2(4) ,page 433-441 , 1997 .**
- z. Brucellosis , a clinical study , in J. of Babylon University , Vol. 2 (4) , page 426- 432 , 1997 .**

- aa. Plasma protein changes in patients with P U disease ,
accepted for publication in J. of Babylon University , Vol.
5 (6) , 2005 .**
- bb. Neutrophil count & function in patients with DM ,
paper accepted and presented in the 3rd. Diabetes
Congress , 27-28 Feb. 2002 , Baghdad . page 53 .**
- cc. A study on PU & accompanied certain biochemical
changes. Accepted for publication in the 3rd.
International Conference on biological sciences in Tanta
University , 28-29 April 2004 .**
- dd. A study on relationship between CMV infection &
PU disease accepted for presentation & publication in
second scientific conference of Kerbala University in
April 2007**
- ee. Vibriosis : A clinical study in Babylon , accepted for
publication in JMB 2007, volume 6 No. 2 in 2009**
- ff. Metabolic acidosis in PU disease paper accepted for
publication in Medical Journal of Kerbalaa 2008 .**
- gg. Assessment in medical education paper accepted as
poster in educational conference of Bahrain University
2007**
- hh. Epidemiology of Hepatitis B virus infection paper
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Babylon 2008 .**
- ii. A Study on Urinary Candidiasis in Babylon Governorate
accepted for publication in Journal of Babylon
University Volume 17 No. 4 2009**
- jj. Prevalance & Risk factors for DM after renal
transplantation accepted for publication in Kufa Medical
Journal 20\11\2008 No. 147**
- kk. MRSA in Merjan Teaching hospital , accepted for
publication and presentation in the First Annual medical
Conference of Babel Health Directorate 27th – 28th Oct
2008**
- ll. Clinical & endoscopic manifestations of GERD in Iraq ,
paper accepted as poster presentation in Pan Arab GIT
conference in Riyadh KSA held in Feb 8 – 10 , 2011**
- mm. CRP & Plasma Fibrinogen as predictor of in
hospital mortality in the first ever ischemic stroke patient
. accepted for publication and presentation in the First
Scientific Conference of Iraqi Turkuman Forum in
Kirkuk 3 – 4 Oct 2010 & Published in JAMS 2017**

- nn. Dissiminated Strongyloidosis . Case Report . Paper accepted for publication in the scientific of the Kerbala University , college of medicine in April 2009**
- oo.Progeria . Case Report published in MJB volume 7 No.1 - 2 , 2010**
- pp. Multiple Myeloma paper accepted for publication and presentation in the Second Scientific Conference of college of medicine , Babylon University 3 – 4 Nov 2010**
- qq. HCC in Babylon . a clinical study , accepted for publication and presentation in the First Scientific Conference of college of medicine , Babylon University 16 – 17 Dec 2009**
- rr. Abuse & side effects of corticosteroid in clinical practice in Babylon , accepted for publication and presentation in the Second Scientific Conference of college of medicine , Babylon University 3 – 4 Nov 2010**
- ss. Immunological changes in chronic HBV infection, accepted for publication and presentation in the Second Scientific Conference of college of medicine , Babylon University 3 – 4 Dec 2010**
- tt. Biochemical analysis of the natriuretic peptides BNP and NT-proBNP in patients with cardiovascular disease . International Journal of ChemTech Research Vol 9 No. 12 : 508-519 2016**
- uu. Prognostic Value of Cystatin C in acute coronary syndrome *J Contemp Med Sci* | Vol. 2, No. 8, Autumn 2016: 26–29**
- vv.Association of Resistin, Visfatin, and Osteoprotegerin in Diabetes Mellitus Journal of Natural Sciences Research Vol.6, No.6, 2016**
- ww. Cardiovascular Diseases Correlation with Trace Elements in Hilla City Advances in Life Science and Technology Vol. 17, 2014**
- xx.Echocardiographic Estimation of Infarct Size By Using Cardiac Biomarkers (Troponin I,CK And CK-MB) And Some Hematological Changes in Patients With STEMI Medical Journal of Babylon-Vol. 11- No. 3 -2014**
- yy.The Relationship between Oxidative Stress and Osteopontin Levels in Diabetic Patient with Acute Coronary Syndrome Medical Journal of Babylon Vol. 12- No. 4:956 -968 , 2015**
- zz. The Association Between Osteoprotegerin And Bone Health In Obese And Non Obese Type 2 Diabetic**

Patients International Journal of PharmTech Research / Vol. 10., No.3, 8 April/2017).

- aaa. The Role Of Cystatin C In Diagnosis Of Early Stage TypeII Diabetic NEPHROPATHY Accepted for publication in Biocellular Archieve Journal 2018**
- bbb. Celiac disease a study in Babylon presented in ISGH conference in March 2017**
- ccc. Profile of UC in Babylon presented in GIT conference of ISGH in Nov. 2018 Basrah**
- ddd. GIST in Babylon presented in Dubai Oncology conference in May 2017 and published in Onkologia I Radioterapi Journal 2020**
- eee. Effect of natriuretic peptides (BNP) gene T-381C polymorphism on the levels of BNP and NT-proBNP in patients with cardiovascular disease IJPTR vol 9 No 12 : 223-229 2016**
- fff. Autoimmune Diseases and Acquired Von Willebrand Disease in Two Cases of Progeria International Journal of Clinical Medicine, 2014, 5, 1269-1276**
- ggg. How do Medical Students Learn? International Journal of Clinical Medicine, 2016, 7, 792-799**
- hhh. GGT in ACS accepted for publication in IBMJ for Med specialties 2019**
- iii. Lipoprotein lipase polymorphism & coronary Artery disease in patients with diabetes mellitus type 2, accepted and presented in the 3rd international conference of college of medicine Hawleer University of medical sciences 23-25 November 2018**
- jjj. Conditioned risk factors in patients with coronary heart disease Monem Makki Alshok & Kadhim Jawad Al-Hamdany *J Contemp Med Sci* | Vol. 1, No. 3, Summer 2015: 24–26 .**
- kkk. A study of the demographic and characteristic features of patients infected with COVID-19 and the effect of comorbidities on the disease severity . Presented as poster in BSI conference online 2021 .**
- III. Assessment of Serum Visfatin Levels in Patients with Chronic Obstructive Pulmonary Diseases in Babylon-Iraq published in Indian Journal of Forensic Medicine & Toxicology, July-September 2020, Vol. 14, No. 3**

- 2 Attending & presenting papers in different medical & scientific conferences inside & outside Iraq including oncology**

- conference I Egypt ;Arab conference in Lebanon and also education conference on college level in Lebanon & gastroentrology in Jordon ,& Biology Conference in Egypt. and International conference (Health and Environment in Iraq)
- 3 Supervision of post graduate student in various basic medical &clinical sciences .
- 4 Member of different health committees &Chief of CME education department In College of Medicine
- 5 Chief & Supervisor of Babylon center for medical specialties.

Present post

President of the scientific council of internal medicine and related specialties in the Iraqi Council of medical specialties .

Consultant physician in Merjan teaching hospital Babylon

Chief of department of medicine college of medicine Babylon University since 1993 to 2015

Professor in clinical medicine college of medicine, Babylon University since 2002.

Member of Iraqi medical board for medical specialties, and Supervisor of Postgraduate Babylon training center for medical specialties and since 2019 president of Iraqi scientific council of Internal medicine .

Member of I.S.G.H. in Iraq & Member of Iraqi Diabetes association and Cardiology & chest diseases association and also member of ESGE (European Society of GI endoscopies)

Head of department of upgrading and scientific promotion of University of Babylon 2015- 2018

References :

1 . Professor Dr Najah Raiesh FRCPE
College of Medicine University of Kufa Iraq
najah.alzamili@uokufa.edu.iq

2 . Ali Jasim Hashim Al-Saidi , FRCP UK
Professor & Consultant Physician and Nephrologist
dralijasim@yahoo.com, Iraqi Counsel for medical specialization ,
 Arab Board for internal medicine, Iraqi MOH .

3 . Jawad Ibrahim Rasheed Consultant physician. Certified professional in medical education Jawad Rasheed, Director of Medical Education and Training and Secretary General of the Arab Board for Medical Specializations in Iraq.Medical city Teaching hospital .

**4 . Professor Akram Al-Mahdawi CABM, MRCP, FRCP Edin
Consultant Neurologist, Head of Iraqi Neurological Council, of Iraqi
Council for medical specializations . Baghdad Teaching
Hospital/Neurology Unit. akram_mustansiria@yahoo.com**

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